



The European Consumers' Organisation
Bureau Européen des Unions de Consommateurs

CONSENSUS WORKSHOP ON NUTRITION

BUDAPEST, 9/10/11 July 2003

AGENDA

VENUE: Ministry of Education, Research and Development Division, Szervita tér 8,
Budapest, Hungary Tel: +36 1 485 3158 and Fax: +36 1 485 3111

Remember: Please take your passport/ID with you

Wednesday 9 July 2003

Time

- 08.30 **Registration**
- 09.00 Chairs/rapporteurs of the afternoon workshops to meet for a briefing
- 09.15 Welcome address**
- Zoltán Somogyi (Ministry of Education, Hungary)
- Péter Biacs (Deputy Secretary of State, Ministry of Agriculture, Hungary)
- 09.30 Nutrition, lifestyle and chronic diseases in context**
- Chair:** György Bíró (Semmelweis University, Hungary)
- 09.35 *European Commission work in the field of nutrition in Europe*
- Speaker:** Basil Mathioudakis (European Commission, Belgium)
- 10.00 *Diet, Nutrition and the Prevention of Chronic Diseases*
- Speaker:** Jaap Seidell (Vrije Universiteit, Amsterdam, NETH)
- 10.25 *Food consumption patterns: data collection and interpretation – the pros and cons.*
- Speaker:** Anders Møller (Danish Veterinary and Food Administration, Denmark)

Avenue de Tervueren 36/4, B-1040 Brussels, Belgium
Tel: +32 2 743 15 90 Fax: +32 2 740 28 02 E-mail: projectteam@beuc.org
www.consensusworkshops.org and www.beuc.org

10.50 Coffee break

11.05 **The Consumer and a Healthy Diet**

Consumer Representatives

1. *Activities of OPM for consumers education and protection in the area of a healthy diet*

Lidija Petrushevska-Tozi, Consumers' Organisation of Macedonia - OPM,
Former Yugoslav Republic of Macedonia

2. *The consumer and a healthy diet – a UK consumer organisation perspective*

Sue Davies, Consumers' Association, United Kingdom

3. *Confusing health messages*

Louise Ungerth, Sveriges Konsumentråd, Sweden

Consumer Scientist

4. *Influencing dietary behaviour*

Richard Shepherd (University of Surrey, UK)

12.30 **Introduction to the workshops**

12.40 Lunch

13.45 **Workshop 1:** Nutrition contributing to health – changes for the better or worse.

Chair: Bevan Moseley

Rapporteur: Michael O'Neill

Workshop 2: Eating habits and lifestyle – changes for the better or worse.

Chair: Ada Knaap

Rapporteur: Joachim Scholderer

Workshop 3: Nutritional Intake – changes for the better or worse.

Chair: Anne Heughan

Rapporteur: Jochen Wettach

15.45 Coffee break

16.00 **Closing plenary session**

Chair: György Bíró

17.30 **End of session**

17.35 Briefing of chairs and rapporteurs for Thursday's working groups.

20.00 **Dinner:** Mátyás Pince, Március 15. tér 7

Thursday 10 July 2003

08.45 Welcome and refreshments

09.00 The role of some constituents in the overall diet

Chair: Gérard Pascal (Institute National de la Recherche Agronomique - INRA, France)

09.05 *The quality of nutrients in a healthy balanced diet: Carbohydrates.*

Speaker: Christine Bouley (Danone Vitapole, France)

09.25 *The Importance of Sufficient Folate.*

Speaker: Paul Finglas (Institute of Food Research, UK)

09.45 *The influence of so-called non-nutrients such as polyphenols on human health.*

Speaker: Francesco Branca (National Institute for Food and Nutrition Research - INRAN, Italy)

10.05 *Fruit and Vegetables: Health Perspectives*

Speaker: Sue Southon (Institute of Food Research, UK)

10.25 Coffee break

10.40 *Nutritional controversies: Example – the debate on fat.*

Speaker 1: Ibrahim Elmadfa (University of Vienna, Austria)

Speaker 2: Alain Grynberg (INRA, France)

11.30 Introduction to the workshops

11.40 **Workshop 1:** Nutritional controversies: how to deal with them (evidence, interpretation, and application).

Chair: Bevan Moseley

Rapporteur: Birgit Beck

Workshop 2: Communication: Promotion and marketing of nutritional messages – where are the limits?

Chair: Ada Knaap

Rapporteur: Sue Davies

Workshop 3: Targeting nutritional messages to vulnerable groups: how do we get it right?

Chair: Richard Shepherd

Rapporteur: Olivier Andrault

- 12.45 Lunch
- 13.45 **Continuation of the Workshops**
- 14.45 Coffee break
- 15.00 **Closing plenary session**
Chair: Gérard Pascal
- 16.30 **End of session**
- 16.35 Briefing of chairs and rapporteurs for Friday's working groups
- 19.00 Cruise on the Danube and hot/cold buffet meal. Leaving on the 'Rapszodia' from Vigadó-tér.

Friday 11 July 2003

- 08.45 Welcome and refreshments
- 09.00 **What is next: challenges for the implementation of nutritional policies (EU and national)**
Chair: Jim Murray (BEUC, Belgium)
- 09.05 *Nutritional campaigns: A case study - the role of government.*
Speaker: Amleto D'Amicis (INRAN, Italy)
- 09.20 *Government actions to reduce coronary heart diseases in Finland*
Speaker: Auli Suojanen (National Food Agency, Finland)
- 09.35 *The role of nutritionists.*
Speaker: Hildegard Przyrembel (Federal Institute of Risk Assessment - BfR, Germany)
- 09.55 *Dietary habits and nutritional status of Polish population on the verge of accession to European Union*
Speaker: Janusz Ciok (National Food and Nutrition Institute, Poland)
- 10.10 *A Nutritionist's view: Functional Foods Challenges: Obesity as a Paradigmatic Example*
Speaker: Andreu Palou (University of the Balearic Islands, Spain)
- 10.25 *The Role of Public Health Organisations – Nutrition and Heart Health*
Speaker: Susanne Løgstrup (European Heart Network, Belgium)
- 10.45 Coffee

- 11.00 **Stakeholder Panel Discussion**
Can we improve nutrition? The role of each player in the field.
- Chair:** Ada Knaap, National Institute of Public Health and the Environment - RIVM, Netherlands
- Alexander Döring, European Feed Manufacturers Federation - FEFAC, Belgium
- Elizabeth Hogben, National Farmers' Union, United Kingdom
- Hilary Green, Nestle, Switzerland
- Ibrahim Elmadfa, University of Vienna, Austria
- Karen Tonks, Tesco Stores Ltd., United Kingdom
- Amalia Waxman, World Health Organisation, Switzerland
- Auli Suojanen, National Food Agency, Finland
- Basil Mathioudakis, European Commission, DG SANCO, Belgium
- Olivier Andrault, Consommation, Logement et Cadre de Vie - CLCV, France
- 12.15 Lunch
- 13.00 **Workshop 1:** The role of the national government in the promotion of good nutrition.
- Chair:** Hildegard Pzyrembel
Rapporteur: Michael O'Neill
- Workshop 2:** The role of stakeholders and consumer organisations in the promotion of good nutrition.
- Chair:** Susanne Løgstrup
Rapporteur: Annemiek Van der Laan
- Workshop 3:** The role of the European Commission within the EU health programme.
- Chair:** Bevan Moseley
Rapporteur: Petra Lehner
- 14.45 Coffee
- 15.00 **Conclusions and recommendations of this Consensus Workshop**
Chair: Jim Murray
- 16.00 **Overall conclusions from the Consensus Workshop Project**
The project's achievements: Diane McCrea
The way forward: Beate Kettlitz
- 16.15 **Close of Consensus Workshop**